



**THINKING
BEYOND**

Programs
BU

Bexar County Hospital District



Recovery Opportunities and Reentry Services (ROARS)
Funded through the Department of Justice, Bureau of Justice Assistance,
Second Chance Act

Overview

- ***GRANT AMOUNT: \$750,000 for 3 years: 2018-2021***
- ***Start/End Date: October 1, 2018-September 30, 2021***
- **GRANT TITLE**
- ***Improving Reentry for Adults with Co-occurring Substance Abuse and Mental Illness***
- ***PROJECT NAME: Recovery Opportunities and Reentry Services (UHS-ROARS)***
- ***SITE: Bexar County Adult Detention Center***

Grant Distribution

- **\$150,000 Year I**
- **\$300,000 Year II**
- **\$300,000 Year III**
- **Funding not expended in Year I can be rolled over to Year II**

ROARS Goal

To increase corrections systems' ability to address the needs of offenders with co-occurring substance abuse and mental illness to reduce recidivism, improve health outcomes, and promote overall safety.

PURPOSE

To provide substance abuse and mental illness treatment to offenders while in jail and after release as well as comprehensive case management and the establishment of an Advisory Board representative of diverse community stakeholders to ensure a sustained focus on meeting the needs of this population



BJA Grantee Expectations



- ✓ **Meet project objectives**
- ✓ **Establish Advisory Board**
- ✓ **Complete our Planning and Implementation Guide (P&IG)**
- ✓ **Use validated risk and needs assessment instruments and the most appropriate evidence-based practices to serve your target populations.**
- ✓ **Identify, recruit and admit target population to treatment**
- ✓ **Release follow-up outpatient community treatment**
- ✓ **Track progress and complete a project evaluation**

Advisory Board



- **Comprised of diverse stakeholders**
- **Assist in the development of the Planning and Implementation Guide (P&IG)**
- **Meet once a month beginning January – June; Then quarterly!**
- **Join a committee; You can provide your input and you can help write**
- **Designate someone in your agency to help!**
- **Promote 8 Design Elements:**
 - Leadership Engagement
 - Information Sharing
 - Screening
 - Evidence Based Practices
 - Assessment
 - Recovery Support Services
 - Case Planning
 - Evaluation

Accomplishments for Yr. I: Planning

- **Establish the Advisory Board & meet routinely**
- **Refine Screening & Assessment Process through Integration of EVB Tools;**
- **Develop EVB Treatment Services in Jail**
- **Work in collaboration with the Judges, Court System, Probation/Pretrial for diversion to treatment with sanctions.**
- **Work collectively with Reentry to develop protocol for access to resources post incarceration for the Target Population (TP)**
- **Work with prospective treatment providers in establishing a process for treatment access – Out patient, inpatient and MAT**
- **Develop a comprehensive Case Management Plan**
- **Establish an Evaluation Plan that tracks the recidivism of the TP**
- **Incorporate into the P&I Guide; Submit the Guide for approval**
- **Obtain approval from the BJA**
- **Transition into Phase II: Implementation**

TARGETED POPULATION

- **Incarcerated men and women with a co-occurring substance abuse disorder and mental illness disorder.**
- **Must be over 18 years of age**
- **Eligible for Probation or Pretrial**
- **Motivated and willing to engage in treatment in jail and continue with outpatient treatment in the community for 90 days post release.**
- **Moderate to high risk offender status**

Services Provided to ROARS Participants

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- Evidenced based screening for substance abuse disorders; (TCU-5)
- Evidenced based Mental Health Assessment (SCID-5-CV)
- Risk Assessment (T-RAS)
- Immediate CBT treatment in jail by a licensed clinician for at least 30 days
- Mental Health Stabilization through an on-site Psychiatric Provider Evaluation and follow-up visits
- Access to medications as needed
- Casemanagment Services
- Outpatient Treatment for up to 90 days with a local provider
- 30 days of medications upon release to be picked up at the Reentry Center
- Access to Peer Recovery Specialists post-release
- Access to Reentry Services post-release

All services are no cost to the participants.



ROARS EVALUATION

- **UTHSCSA/UHS IRB Submission for Non-Regulated Research (Quality Improvement, Program Evaluation)**
- **Establish Evaluation Plan**
 - **Screeners and Assessments – Evidenced Based**
 - **Process Measures – Fidelity/Quality Assurance, Service Dosage**
 - **Establish Baseline Recidivism Rate for target population (individuals with mental health and substance use disorders)**
 - **Establish guidelines/procedures for ROARS Evaluation**
- **Formulate Data Sharing Protocols**

Prospective Committees

I. RESEARCH AND EVALUATION COMMITTEE (Performance Measurement)

- **Establish Target Population**
- **Screening and Assessment Tools**
- **Fidelity Checklist**
- **Data Collection (Study Variables, Processes, etc.)**
 - Data Sharing Protocols
- **Statistical Considerations**
- **Recidivism defined (operationalized)**
- **Development of the Evaluation Plan**
- **Future research considerations**

UHS-ROARS Contact Information

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